

HOW TO MEASURE

To achieve the best fit, we recommend you get the help of another person while measuring. Measurement must be taken directly on the body in tight fit - but without cutting into the skin and preferably while wearing tight fitting garment.

All measurements in the size chart are in cm and inches.

In case your measure is between sizes, always choose the bigger size.

CHEST:

Measure around chest at the widest point with arms flat against side.

WAIST:

Measure around the narrowest part of the waistline.

HEIGHT:

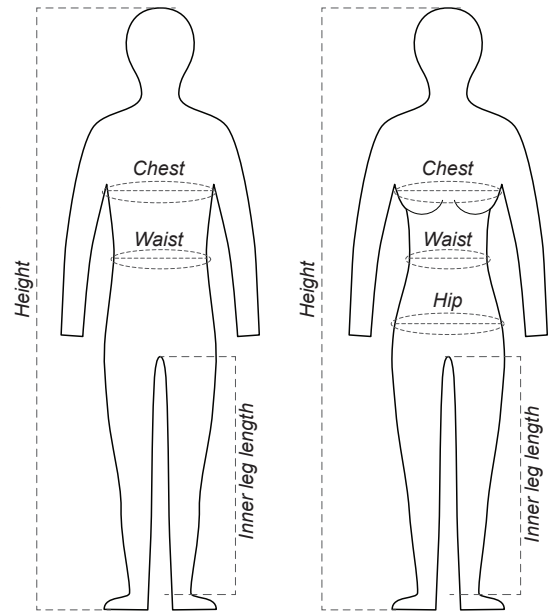
Measure from feet to top of the head.

HIPS:

Measure around the hips at the widest point.

INNER LEG LENGTH:

Measure from the crotch down to your ankle bone.



Measurement Chart ELKA MEN - UNISEX:

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Chest (cm)	84-88	92-96	100-104	108-112	116-120	124-128	132-136	140-144	148-152
Chest (inch)	33-34.5	36-37.5	39.5-41	42.5-44	45.5-47	49-50.5	52-53.5	55-56.5	58-60
Waist (cm)	70-74	78-82	86-90	94-98	102-106	110-114	118-122	126-130	134-138
Waist (inch)	27.5-29	30.5-32	33.5-35.5	37-38.5	40-42	43-45	46.5-48	49.5-51	53-54.5

Height 170-190 cm / 67-75 inch.

Measurement Chart ELKA MEN - WORKPANTS:

Normal length sizes

EU	44	46	48	50	52	54	56	58	60
UK/US	28.5	30.5	32.5	34.5	36.5	38.5	40.5	42.5	44.5
CH/F	38	40	42	44	46	48	50	52	54
Waist (cm)	74-78	79-82	83-86	87-90	91-95	96-100	101-105	106-111	112-117
Waist (inch)	29-30.5	31-32	32.5-33.5	34-35.5	36-37.5	38-39.5	40-41.5	42-43.5	44-46

EU	62	64	66	68
UK/US	46.5	48.5	50.5	52.5
CH/F	56	58	60	62
Waist (cm)	118-123	124-129	130-134	135-138
Waist (inch)	46.5-48.5	49-50.5	51-53	53-54.5

Short length sizes

EU	23	24	25	26	27	28	29	30	31
UK/US	30.5	32.5	34.5	36.5	38.5	40.5	42.5	44.5	46.5
CH/F	40	42	44	46	48	50	52	54	56
Waist (cm)	79-82	83-86	87-90	91-95	96-100	101-105	106-111	112-117	118-123
Waist (inch)	31-32	32.5-33.5	34-35.5	36-37.5	38-39.5	40-41.5	42-43.5	44-46	46.5-48.5

Height 170-190 cm / 67-75 inch.

Measurement Chart ELKA WOMEN:

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Chest (cm)	78-82	84-88	92-96	100-104	108-112	116-120	124-128	132-136	140-144
Chest (inch)	30.5-32	33-34.5	36-37.5	39-41	42.5-44	45.5-47	49-50.5	52-53.5	55-56.5
Waist (cm)	64-68	72-76	80-84	88-92	96-100	104-108	112-116	120-124	128-132
Waist (inch)	25-26.5	28.5-30	31.5-33	34.5-36	38-39.5	41-42.5	44-45.5	47.5-49	49-52
Hips (cm)	86-90	92-96	100-104	108-112	116-120	124-128	132-136	140-144	148-152
Hips (inch)	33.5-35.5	36-37.5	39.5-41	42.5-44	45.5-47	49-50.5	52-53.5	55-56.5	58-60

Height 160-180 cm / 63-70.5 inch.